



GOLF

We introduce golf and the life lessons the game teaches to nearly **2,400** kids ages 6-17 in their own neighborhoods during the summer by transforming park ball fields into driving ranges and practice greens. We also offer free instruction and on-course play for all ability levels at our 3 junior golf centers in Brooklyn, Queens and Staten Island.

SOCCER

Our instructors teach nearly **700** youngsters ages 6-16 how to pass, dribble, and kick through informal coed-scrimmage play with basic instruction. At the end of the summer, participants are invited to join a team for their park and compete in a one-day tournament.

TENNIS

Our pros share their love of the game, using fun drills to help teach more than **4,100** youngsters ages 6-17 the basics of tennis and discover a sport for life. We have classes throughout the year for all skill levels, and host weekly competitions and special events for dedicated players.

TRACK & FIELD

From sprinting to long-distance racing, javelin-throwing to long jump, hurdles to race walking, nearly **2,000** youngsters ages 5-17 will learn the building blocks of track and field. At the end of the summer, all participants are invited to compete in our citywide track meet. The program continues in select locations in the fall and spring, with a special emphasis on cross-country running in the fall.

CityParks Play supports our mission to create vibrant and healthy urban communities by providing free sports programs in parks for New York City youth and seniors. Our programs transform neighborhood parks into centers for recreation, providing free instruction and equipment to more than **9,000** youth and more than **1,200** seniors throughout the year. We help young people stay active, develop athletic skills, learn self-confidence, practice good sportsmanship, and make new friends. CityParks Play also provides advanced training programs that give dedicated participants an opportunity to progress to higher, competitive levels, work as a summer intern, and even pursue a career in sports.

GIRLS FORWARD

In partnership with Nike, our Girls Forward program provides more than **200** girls ages 13-16 with a safe and empowering space to play and stay in sports. Dedicated classes in tennis, golf, track and soccer are led by female coaches at locations citywide. In addition, girls have access to special events, pro-clinics, talks and workshops to encourage and deepen their engagement with sports.

EVERYDAY PLAY

We keep more than **200** young people ages 6-17 active all summer with a daily, action-packed program that combines fitness and fun with exposure to a variety of sports including tennis, golf, track & field, and soccer. Participants are arranged by age group and take part in two scheduled activities every day, introducing youth to fitness, goal setting and good sportsmanship.

SENIORS FITNESS

During the spring and fall, we welcome more than **1,200** New Yorkers 60+ to participate in free tennis lessons, yoga, pickleball, tai-chi and fitness walking in neighborhood parks across the city. Activities take place twice a week in local neighborhood parks across the city. All equipment is provided.



JUNIOR GOLF CENTER & ANNEXES

Our Junior Golf Center, located next to the Dyker Beach public golf course in Bay Ridge, Brooklyn, is a comprehensive training facility that offers free instruction and use of equipment for all ability levels. The Center features a 6-hole par 3 course, putting and chipping greens, a driving range, clubhouse and classroom. The facility is open to New York City residents ages 6-17 from March - October, with lessons held once a week for 7 weeks in the spring, summer and fall. The Junior Golf Center Annexes at the Pitch and Putt Golf Course in Flushing Meadows Corona Park, Queens and La Tourette Golf Course in Staten Island also offer weekly lessons for beginners and intermediate-level players from the spring through fall.

LACOSTE JUNIOR TENNIS ACADEMY

Our year-round, tournament-training program for advanced juniors is held at the USTA Billie Jean King National Tennis Center. Tryouts are held annually in May and open to experienced New York City juniors ages 8-17.

SPORTS INTERNSHIPS

We offer paid high school internships each summer. Internships connect students to tangible job and life skills as they work alongside our sports staff to teach younger students in our programs and assist with program administration.

ABOUT CITY PARKS FOUNDATION

City Parks Foundation, we are dedicated to invigorating and transforming parks into dynamic, vibrant centers of urban life through sports, arts, community building and education programs for all New Yorkers. Our programs -- located in 320 parks, recreation centers and public schools across New York City -- reach nearly 300,000 people each year. Our ethos is simple: thriving parks mean thriving communities.

We also offer many opportunities for youth to be out in neighborhood parks, from SummerStage concerts and our PuppetMobile to a wide variety of free environmental education programs after school and during the summer months

To find out about these programs and more, please visit CityParksFoundation.org.



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