



CityParks Play supports our mission to create vibrant and healthy urban communities by providing free sports programs in parks for New York City youth. Our programs transform neighborhood parks into centers for recreation, providing free instruction, coaching, and equipment to more than **8,000 youth, ages 6 to 17**, in nearly **60 locations** citywide. We help young people stay active, develop athletic skills, learn self-confidence, practice good sportsmanship, and make new friends. In addition to free citywide programming, CityParks Play provides specialized training programs which provide students an opportunity to progress to higher, competitive levels, obtain their first job and perhaps pursue a career in the sports industry.

TENNIS AGES 6-17

Our tennis pros share their love of the game, using fun exercises and drills to help teach youngsters the basics of tennis and discover a sport for life. We have classes for all skill levels, and host weekly competitions and special events for intermediate-level players.

EVERYDAY PLAY AGES 6-16

We keep young people active all summer with a daily, action-packed program that combines fitness and fun with lessons in all of our programs including tennis, golf, track & field, and soccer. Participants are arranged by age group and take part in two scheduled activities every day, introducing youth to fitness, goal setting and good sportsmanship.

GOLF AGES 6-17

We introduce golf and the many life lessons the game teaches to kids in their own neighborhoods during the summer months by transforming local park ball fields into driving ranges and practice greens. After completing the program, all are invited to continue to learn and play at a local public golf course and at our CityParks Junior Golf Center in Brooklyn or Golf Center Annex in Queens.

SOCCER AGES 8-12

Our instructors work with coaches from the New York City Football Club to teach youngsters how to pass, dribble, and kick through informal play and instruction. At the end of the summer, participants are invited to compete in a one-day tournament.

TRACK & FIELD AGES 5-17

From sprinting techniques to long-distance racing, javelin-throwing to long jump, hurdles to race walking, youngsters will learn the building blocks of track and field. At the end of the summer, all participants are invited to compete in our citywide track meet held at Icahn Stadium on Randall's Island. The program continues in select locations in the fall and spring, with a special emphasis on cross-country running in the fall.





JUNIOR GOLF CENTERS

Our Junior Golf Center, located next to the Dyker Beach public golf course in Bay Ridge, Brooklyn, is a comprehensive training facility that offers free instruction and use of equipment for all ability levels. The Center features a 6-hole par 3 course, putting and chipping greens, a driving range, clubhouse and classroom. The facility is open to New York City residents ages 6-17 from March - October, with lessons held once a week for 7 weeks in the spring, summer and fall.

The Junior Golf Center Annex at the Pitch and Putt Golf Course in Flushing Meadows Corona Park, Queens offers weekly lessons for beginners and select intermediate-level players from the spring through fall.

LACOSTE JUNIOR TENNIS ACADEMY

Our year-round, tournament-training program for advanced juniors is held at the USTA Billie Jean King National Tennis Center. Tryouts are held annually in May and open to experienced New York City juniors ages 8-17.

JUNIOR TOURNAMENT SERIES

Held at a park in each borough, our Junior Tournament Series gives experienced juniors an opportunity to develop their skills all summer in USTA-sanctioned competition.

SPORTS INTERNSHIPS

We offer paid high school internships each summer. Internships connect students to tangible job and life skills as they work alongside our sports staff to teach younger students in our programs and assist with program administration.

ABOUT CITY PARKS FOUNDATION

At City Parks Foundation, we are dedicated to invigorating and transforming parks into dynamic, vibrant centers of urban life through sports, arts, community building and education programs for all New Yorkers. Our programs -- located in more than 300 parks, recreation centers and public schools across New York City -- reach over 275,000 people each year. Our ethos is simple: thriving parks mean thriving communities.

We also offer many opportunities for youth to be out in neighborhood parks, from SummerStage concerts and our PuppetMobile to a wide variety of free environmental education programs after school and during the summer months.

To find out about these programs and more, please visit CityParksFoundation.org

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REGISTER NOW AT
CITYPARKSFUNDATION.ORG
OR (718) 760-6999

