



# **GREEN GIRLS EMPOWERED BY ING OVERNIGHT TRIP TO FROST VALLEY**

FEB 22-24

Frost Valley is a camp, retreat destination, and environmental education center offering people of all ages and abilities enriching, even life-altering, outdoor experiences. Located on over 5,500 acres in the heart of the Catskill Mountains - just 2 hours north of New York City - they provide year-round access to nature, adventure, growth, and fun. All trip and overnight safety protocols will be enforced.

# **REGISTER HERE:**



## **REGISTRATION DEADLINE**

February 15, 2023

Registration forms will be available at your school during sessions and online.

#### TRIP SCHEDULE

• Departure Date: February 22nd, 2023

• Departure Time: TBD

• Departure Location: Your school site

• Return Date: February 24th, 2023

• Return Time: 4pm-5pm

• Return Location: Your school site

• Transportation: Coach Bus

**REGISTER HERE FOR INFORMATIONAL SESSIONS:** https://tinyurl.com/bdhuepu7

### Contact Mayra Sanchez

msanchez@cityparksfoundation.org

with any questions and for more information.

All safety protocols will be enforced and any concerns will be addressed prior to the trip.

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