

# COVID-19 Guidelines for It's My Park Volunteers

Last Updated: July 14, 2021

Thank you for your interest in volunteering for NYC Parks during this unprecedented time. Throughout the COVID-19 pandemic, parks have become more important than ever for New Yorkers; providing space for exercise, access to nature, and many other ways to cope. City parks have seen a dramatic increase in use during this crisis, and any help you can offer is greatly needed and appreciated.

In order to ensure your health and safety, in addition to the health and safety of other park patrons and NYC Parks staff, please make sure to follow the guidelines from the [nyc.gov volunteer page](https://www.nyc.gov/volunteer) and listed below while volunteering for NYC Parks. We ask you to review this entire document thoroughly, and keep it accessible in order to review as needed. Please note: failure to abide by these guidelines may lead to a suspension of your individual and your group's ability to volunteer for NYC Parks.

- Perform a [self-health check](#) at home to see if you may be sick with the coronavirus. If you exhibit any of the following symptoms, do NOT volunteer.
  - Cough
  - Shortness of breath or difficulty breathing
  - Fever
  - Chills
  - Muscle pain
  - Sore throat
  - New loss of taste or smell
- Please wear a mask if you are unvaccinated, if you cannot maintain social distancing, or if it makes you feel more comfortable. A face covering can include anything that covers your nose and mouth including dust masks, reusable cotton masks, scarves, and bandanas.

- Please maintain at least six feet between you and others regardless of your vaccination status.
- Wash your hands often, including at the start and end of your volunteer project. Use soap and water and scrub for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.
- Do not touch your eyes, nose, or mouth with unwashed hands.
- Wear gloves when handling tools loaned to you for your project.

*Thank you for volunteering for NYC Parks!*