

INDOOR CHIPPING TIP SHEET

FROM BOB SORENSON -
DIRECTOR, JUNIOR GOLF CENTER

EQUIPMENT NEEDED

- GOLF CLUB
- BALLS
- (2) BATH MATS
- (2) PILLOWS
- ONE SMALL WASTE BASKET

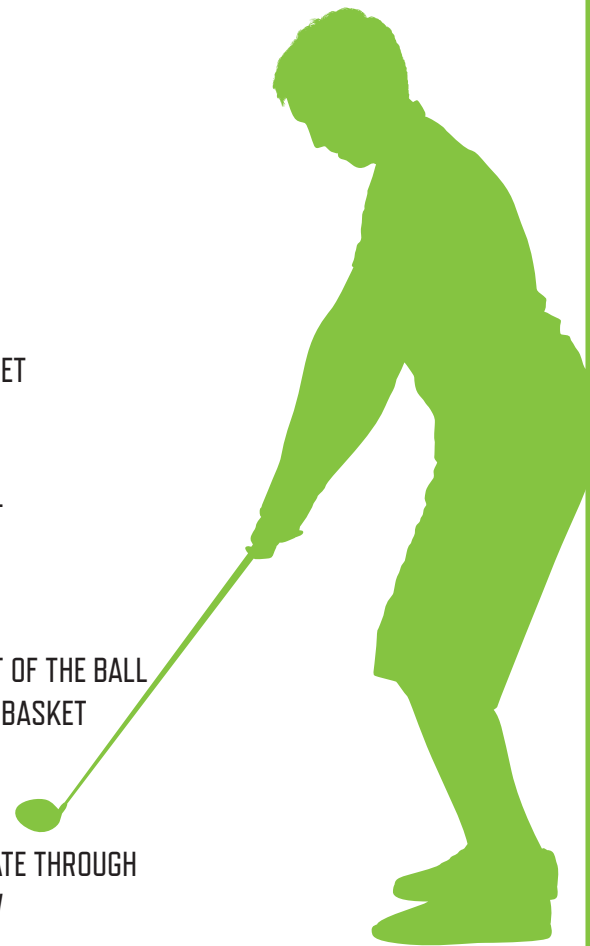
SETUP

- PLACE ONE BATH MAT W/ GOLF BALLS IN FRONT OF YOU AND ONE BATH MAT 3-4 FEET IN FRONT OF YOU ON THE FLOOR
- PLACE A PILLOW IN BETWEEN THE TWO BATH MATS ON THE FLOOR
- PLACE A WASTE BASKET AT THE END OF THE SECOND BATH MAT TO CATCH THE BALL

STEP #1

- GET SET WITH YOUR FEET FAIRLY CLOSE TOGETHER AND HANDS SLIGHTLY IN FRONT OF THE BALL
- CHIP BALL OVER THE PILLOW TO LAND ON THE SECOND MAT AND INTO THE WASTE BASKET
- REMEMBER TO ACCELERATE THROUGH THE BALL
- REPEAT TEN TIMES

****KEY TAKEAWAY** - THE KEY TO CHIPPING THE BALL INTO THE AIR IS TO ACCELERATE THROUGH THE BALL. THIS ALLOWS FOR THE BALL TO RISE ENOUGH TO GET OVER THE PILLOW



EXTRA CHALLENGE

- TO MAKE THIS A BIT MORE CHALLENGING -- ADD A SECOND PILLOW TO MAKE THE OBSTACLE A BIT HIGHER
- SAME SETUP AS STEP #1 GET SET WITH YOUR FEET FAIRLY CLOSE TOGETHER AND HANDS SLIGHTLY IN FRONT OF THE BALL
- THE KEY HERE IS AGAIN TO REMEMBER TO ACCELERATE THROUGH THE BALL TO HELP GIVE IT ENOUGH LIFT TO MAKE IT OVER THE PILLOWS