



## Summer Sports Instructor Job Description

**JOB:** "Get Up and Go" Youth Fitness Instructor

**DATES/TIMES:** June 30, 2015 - August 14, 2015

Monday - Thursday, 9AM - 1:30 PM

**SALARY:** \$16.00 /hr.

City Parks Foundation ("CPF") is the only independent, non-profit organization whose mission is to offer programs in parks throughout the five boroughs of New York City. We work in more than 350 parks citywide, presenting a broad range of programs in an effort to promote healthy and vibrant communities. Our initiatives reach 425,000 people each year. Artistic, athletic, educational and park advocacy programs connect high needs communities with their local green spaces. CPF helps turn New York City's parks into centers of community development, while helping to create strong local leaders. The majority of our programming is provided at no cost, and we work in neighborhoods that would not otherwise have access to such resources. Signature programming includes: SummerStage, Partnerships for Parks, shows at the Swedish Cottage Marionette Theater in Central Park, Tennis/Golf/Track & Field sports programming for kids and seniors, and educational partnerships that promote healthy living and teach environmental science.

CPF plans to launch a free citywide physical education program called "Get Up and Go" for kids ages 7-12, that will aim to keep kids active during the summer with fun skills contests, while teaching healthy and fun exercises along the way. The weekly program consists of 6 classes held in 16 parks and playgrounds, featuring fun aerobic activities such as relay races, crawl tunnels, target throws and will culminate in an obstacle course race at each site in the final week.

**Position Description:** The Instructor will be a member of CPF's Sports Department, reporting to the Get Up and Go Team Leader. Instructors will be trained to teach a standardized curriculum that has been developed by City Parks Foundation.

### **RESPONSIBILITIES**

- Oversee weekly lesson plans, equipment inventory and program materials
- Willingness to travel to all five boroughs throughout the course of the program
- Organize and instruct groups of up to 30 children per class in an orderly and safe manner
- Monitor weekly attendance and maintain accurate records of class participants
- Offer suggestions to enhance the program
- Answer questions from parents and promote whenever possible to the community

### **REQUIREMENTS:**

- H.S. or college athlete with experience organizing and teaching youth sports
- Prior group-teaching experience, preferably with children
- Ability to work with diverse constituencies, both internal and external to CPF
- Exceptional communication skills and work-ethic
- Willingness to lift and set-up sports equipment
- Valid NYS Driver's License

(Skills not required but preferred: Bilingual, certified first-aid)

Interested candidates must should send a resume to [sports@cityparksfoundation.org](mailto:sports@cityparksfoundation.org) or contact us by phone at 718-760-6986.